

JOSEPH BERNSTEIN, MD, MS

DEPT OF ORTHOPEDIC SURGERY
501 SOUTH 54TH STREET, G-28
PHILADELPHIA, PA 19143
joseph.bernstein@verizon.net
215 748 – 9813

Education

1984	A.B.	Columbia College, New York, NY
1990	M.D.	Cornell University Medical College, New York, NY, 1990
1990	M.S.	Harvard University, Cambridge, MA

Postgraduate Training

1990-1991	Intern, Surgery, Hospital of the University of Pennsylvania
1991-1995	Resident, Orthopedic Surgery, Hospital of the University of Pennsylvania
1995-1996	Fellow, Sports Medicine and Shoulder Surgery (Orthopedics), Hospital of the University of Pennsylvania

Faculty Appointments

2012–present	Clinical Professor of Orthopaedic Surgery University of Pennsylvania School of Medicine
2004-2012	Clinical Associate Professor of Orthopaedic Surgery University of Pennsylvania School of Medicine
1996-2004	Assistant Professor of Orthopaedic Surgery University of Pennsylvania School of Medicine
1991-1996	Assistant Instructor, Department of Orthopedic Surgery University of Pennsylvania School of Medicine

Hospital Appointments

1996-2011	Attending Surgeon, University of Pennsylvania Health System
2003-2009	Attending Surgeon, Mercy Hospital
1997-present	Attending Surgeon, Veteran's Administration Hospital, Department of Surgery

Other Appointments

1993-2007	Senior Fellow, Leonard Davis Institute
-----------	--

Specialty Certification

1991	Diplomate, National Board of Medical Examiners
1996	Advanced Trauma Life Support, American College of Surgeons
1998	Board Certified, American Board of Orthopedic Surgery
2008	Board Re-Certification, American Board of Orthopedic Surgery

Licensure

1992-Present	Pennsylvania
2000-2009	New Jersey
2000-2007	Delaware

Awards & Honors

1984	A.B. awarded magna cum laude
1984	Phi Beta Kappa
1984	New York City Mayor's Service Award
1989	Alpha Omega Alpha

1993	Founders' Award, Eastern Orthopedic Association
1997	Resident's Award, Eastern Orthopedic Association (Faculty Mentor)
1998	Outstanding Teacher Award, University of Pennsylvania School of Medicine
2000	Penn Pearls Teaching Award, University of Pennsylvania School of Medicine
2001	OREF/Zimmer Surgical Career Development Award
2002	Top Doc, Orthopedic Surgery/Sports Medicine, Philadelphia Magazine
2003	Lindback Foundation Award for Distinguished Teaching
2004	Marshall Urist Award, Association of Bone and Joint Surgeons

Memberships in Professional Societies

1996-1999	Ivy League Team Physicians Group (Member)
1998-2003	Academic Orthopaedic Society (Chairman, Committee on Undergraduate Medical Education)
2001-present	American Academy of Orthopaedic Surgeons (Member, Sub-Committee on Basic Science Evaluations)
2001-2006	American Orthopedic Society for Sports Medicine (Member)
2002	American Academy of Orthopaedic Surgeons (Member, Project Team for Clinical Trials)
2003-2004	American Orthopaedic Association (Member, Academic Issues Committee)
2004-2005	AAMC (Member, Medical School Objectives Project)
2004-Present	American College of Surgeons (Fellow)
2004-Present	American Orthopaedic Association (Member)

2004-Present	US Bone and Joint Decade (Director, Project 100)
2005-Present	Association of Bone and Joint Surgeons (Member)
2006	American Academy of Orthopaedic Surgeons (Member, Project Team for Musculoskeletal Medicine Education)

Editorial Positions

1996-Present	Reviewer, Clinical Orthopedics and Related Research
1996-1999	Reviewer, Journal of General Internal Medicine
1998-Present	Reviewer, Journal of Bone and Joint Surgery
1998-2000	Reviewer, Arthroscopy
1999	Editorial Board, Hospital Medicine
1999	Reviewer, Journal of Clinical Rheumatology
1999-2003	Reviewer, American Journal of Sports Medicine
2001	Reviewer, Annals of Internal Medicine
2005-present	Deputy Editor, Clinical Orthopaedics and Related Research

Academic and Institutional Committees

1994-1996	Information Systems Task Force, HUP
1996-1999	Admissions Interview Panel, University of Pennsylvania School of Medicine
1996-1999	Residency Advisory Committee, University of Pennsylvania School of Medicine
1996-1999	Curriculum Committee, University of Pennsylvania School of Medicine

1996-1999	Curriculum 2000 Committee, Basic Sciences and Clinical Modules, University of Pennsylvania School of Medicine
1996-1999	Practice Committee, Department of Orthopedic Surgery, University of Pennsylvania School of Medicine
1996-1999	Residency Education Committee, Department of Orthopedic Surgery, University of Pennsylvania School of Medicine
1997-1999	Operating Room Committee, Veterans Hospital
1998-2000	Undergraduate Medical Education Committee, Academic Orthopedic Society
1998	Basic Science Evaluations Sub-Committee, American Academy of Orthopedic Surgeons
2000-2001	Ad hoc Committee for LCME Site visit. University of Pennsylvania School of Medicine
2000-2004	Finance Committee, Department of Orthopedic Surgery, University of Pennsylvania School of Medicine
2006-2012	Peer Review Committee, Veterans Hospital
2009-present	Clerkship directors committee, University of Pennsylvania School of Medicine (member)
2009-2011	Graduate Medical Education Committee, Department of Orthopedic Surgery (member)

Teaching Responsibilities

1996-2003	Course Director, Lecturer and Small Group Leader, Orthopedics and Musculoskeletal Medicine, Module II
1996-2003	Course Director, Orthopedics 306, "Tutorial in Sports Medicine and Shoulder Surgery"
1996-1997	Lecturer, Medical Anatomy Course
1996-2003	Instructor, Clerkship in Orthopedic Surgery

1996-1999	Core Curriculum Coordinator, Sports Medicine Service
1996-2003	Preceptor to PGY-2 and PGY-4 Residents, Sports Medicine Service
1997	Instructor, Sports Nutrition Seminar
1997-1999	Fellowship Director, Sports Medicine Service
1998-1999	International Student Preceptor, Suzanna De Vries, University of Groningen, The Netherlands
1998-1999	International Student Preceptor, Gerhard Holt, The European Institute of Business Administration [INSEAD], Fontainebleau, France
1999-2000	Lecturer, Didactic Sessions, Combined Clerkships
2009-present	Course Director, Orthopedics 200, "Clerkship in Orthopaedic Surgery"

Organizing Roles in Scientific Meetings

Jun, 1997	Ivy League Team Physicians Meeting
Apr, 1998	Sports Medicine Conference Penn Relays
Apr, 1999	Knee Course Penn Relays

Research Publications, peer reviewed

1. Bernstein J.: Animal Rights v Animal Research: A Modest Proposal. Journal of Medical Ethics 22(5): 300-1 Oct 1996.
2. Bernstein, J., Adler, L, Blank, JE, Dalsey, RM, Williams, GR, Iannotti, JP: Evaluation of the Neer Classification for Proximal Humeral Fractures with CT Scans and Plain Radiographs. Journal of Bone and Joint Surgery 78-A (9): 1371-5, 1996.
3. Bernstein J.: Test-indication Curves. Medical Decision Making 17(1): 103-6, Jan-Mar 1997.

4. Bernstein J., Monaghan BA., Silber JS., DeLong WG.: Taxonomy and treatment--a classification of fracture classifications. Journal of Bone & Joint Surgery 79B(5): 706-7 Sep 1997.
5. Freedman KB., Bernstein J.: The Adequacy of Medical School Education in Musculoskeletal Medicine. Journal of Bone & Joint Surgery 80A(10): 1421-7, Oct 1998.
6. Freedman KB., Glasgow MT., Glasgow SG., Bernstein J.: Anterior Cruciate Ligament Injury and Reconstruction Among University Students. Clinical Orthopaedics & Related Research 356: 208-12, Nov 1998.
7. Bernstein, J: Physician Income Homeostasis. Journal of Health Care Finance 24(4): 80-86, 1998.
8. Bernstein J.: Physician Surplus and Its Remedies. Orthopedics 22(11): 1013-5, Nov 1999.
9. Bernstein, J., Grisso, J.A. and Kaplan, F.S: Body Mass and Fracture Risk. A Study of 330 Patients. Clinical Orthopedics and Related Research 364: 227-230, 1999.
10. Bernstein J.: Topics in Medical Economics: Lessons of the Prisoner's Dilemma. Journal of Bone & Joint Surgery 82(4): 595-8, Apr 2000.
11. Bernstein J., Perlis C., Bartolozzi AR.: Ethics in Sports Medicine. Clinical Orthopaedics & Related Research 378: 50-60, Sep 2000.
12. Beredjikian PK., Bozentka DJ., Steinberg DR., Bernstein J.: Evaluating the Source and Content of Orthopaedic Information on the Internet. The Case of Carpal Tunnel Syndrome. Journal of Bone & Joint Surgery 82-A(11): 1540-3, Nov 2000.
13. Bernstein J.: Consequences of Price Controls. Orthopedics 24(1): 14, 16, Jan 2001.
14. Beredjikian PK., Bozentka DJ., Bernstein J.: The Use of E-mail in Clinical Orthopaedic Practice. Journal of Bone & Joint Surgery 83-A(4): 615-8, Apr 2001.
15. Freedman KB., Back S., Bernstein J.: Sample Size and Statistical Power of Randomised, Controlled Trials in Orthopaedics. Journal of Bone & Joint Surgery 83B(3): 397-402, Apr 2001.
16. Bernstein, J: Miranda Health Care Rights. The Pharos 64(3): 29-30, 2001.

17. Yeh, G, Bernstein, J: Bilateral Metachronous Rupture of the Patellar Tendon A Case Report. American Journal of Orthopedics 30(6): 501-503, 2001.
18. Bernstein, J.: Topics in Medical Economics: Specialization. Journal of Bone and Joint Surgery 84: 1882-1885, 2002.
19. Freedman, KB, Bernstein, J.: Educational Deficiencies in Musculoskeletal Medicine. Journal of Bone and Joint Surgery 84: 604-608, 2002.
20. Bernstein, J, Alonso, DR, DiCaprio, M, Friedlaender, GE, Heckman, JD, Ludmerer, KM: Curricular Reform in Musculoskeletal Medicine: Needs, Opportunities, and Solutions. Clinical Orthopaedics and Related Research 415: 302-308, 2003.
21. Bernstein, J, McGuire, K, Freedman, KB: Statistical Sampling and Hypothesis Testing in Orthopaedic Research. Clinical Orthopaedics and Related Research 413(55-62), 2003.
22. Bernstein, J., Cain, EL, Dalinka, MK, Kneeland, JB: Prevalence of Pathology Detected by MRI Scans of the Knee. Differences by Physician Specialty. Orthopaedics 26(5), 2003.
23. Bernstein, J., Tan, V. : Suture V Technique: A Method for Supplementing Soft-tissue Interference Fixation of Anterior Cruciate Ligament Grafts. Orthopedics 26(2): 139-41, 2003.
24. DeCaprio, MR, Covey, A., Bernstein, J.: Curricular Requirements for Musculoskeletal Medicine in American Medical Schools. Journal of Bone and Joint Surgery 85: 565-567, 2003.
25. Ahn, J, Watt, CD, Greeley, SA, Bernstein, J: MD-PhD Students in a Major Training Program Show Strong Interest in Becoming Surgeon-Scientists. Clinical Orthopaedics and Related Research 425: 258-263, 2004.
26. Bernstein, J, DeCaprio, MR, Mehta, S: The Relationship Between Required Medical School Instruction in Musculoskeletal Medicine and Application Rates to Orthopaedic Surgery Residency Programs. Journal of Bone and Joint Surgery 86: 2335-2338, 2004.
27. Bernstein, J, Perlis, C, Bartolozzi, AR: Normative Ethics in Sports Medicine. Clinical Orthopaedics and Related Research 418: 1-13, 2004.

28. McGuire, KJ, Bernstein, J, Polsky, D, Silver, JH: Delays until Surgery after Hip Fracture Increases Mortality. Clinical Orthopaedics and Related Research 428: 294-301, 2004.
29. Bernstein, A, Bernstein, J: An Information Prescription for Prescription Drug Regulation. Buffalo Law Review 54: 569-618, 2006.
30. Bernstein, J: In the Beginning was the Word. Journal of Bone and Joint Surgery 88: 442-445, 2006.
31. Bernstein, J, Ahn, J, Iannotti, JP, Brighton, CT: The Required Research Rotation in Residency: The University of Pennsylvania Experience, 1978-1993. Clinical Orthopaedics and Related Research 449: 95-99, 2006.
32. Bernstein, J, Meller, MM: Antimicrobial Prophylaxis to Prevent Surgical Site Infection. Journal of Bone and Joint Surgery 88: 1149-1152, 2006.
33. Bernstein, J.: Topics in Medical Economics: Health Care Rationing. Journal of Bone and Joint Surgery 88: 2527-2532, 2006.
34. Ahn, J, Man, L, Wanderer, J, Bernstein, J, Iannotti, JP: The Future of Orthopaedic Clinician-Scientist. Part I: The Potential Role of MD-PhD Students Considering Orthopaedic Surgery. Journal of Bone and Joint Surgery 90: 1794-1799, 2008.
35. Bernstein, J, Esterhai, JL, Staska, M, Reinhardt, S, Mitchell, MD: The Prevalence of Occult Periperal Arterial Disease Among Patients Referred for Orthopaedic Evaluation of Leg Pain. Vascular Medicine 13: 235-238, 2008.
36. Bernstein, J, MacCourt, D, Abramson, BD: Topics in Medical Economics: Medical Malpractice. Journal of Bone and Joint Surgery 90: 1777-1782, 2008.
37. Gaijeski, DF, Mehta, S, Hollander, JE, Shofer, F, Bernstein, J: Low-severity Musculoskeletal Complaints Evaluated in Emergency Department. Clinical Orthopaedics and Related Research 466(8): 1987-1995, 2008.
38. Baldwin, P, Bernstein, J, Wainer, H: Hip Psychometrics. Statistics in Medicine 28(17): 2277-92, 2009.
39. Brink HE, Bernstein J, Nicoll SB: Fetal Dermal Fibroblasts Exhibit Enhanced Growth and Collagen Production in Two- and Three-Dimensional Culture in Comparison to Adult Fibroblasts. Journal of Tissue Engineering and Regenerative Medicine 3(8): 623-33. Dec 2009.

40. MacCourt, D, Bernstein, J: Medical Error Reduction and Tort Reform Through Private, Contractually-Based Quality Medicine Societies. American Journal of Law and Medicine 35: 505-561, 2009.
41. Bernstein J, Kenniston JA, Nydick JA, Zgonis MH, Beredjiklian PB. : Levels of Evidence are Low for Clinical Management Questions on the Orthopaedic In-Training Examination Journal of Bone and Joint Surgery. 92: 508-511, Feb 2010.
42. Bernstein, J: Fine Wigs. Clinical Orthopaedics and Related Research (468), 1165-7, April 2010.
43. Bernstein J, MacCourt DC, Jacob DM, Mehta S.: Utilizing Information Technology to Mitigate the Handoff Risks Caused by Resident Work Hour Restrictions. Clinical Orthopaedics and Related Research Accepted for publication, October 2010.
44. Bernstein J, Ahn J, Veillette C: The Future of Orthopaedic Information Management. Journal of Bone and Joint Surgery accepted for publication, 2012.
45. Mcguire KJ, Chacko AT, Bernstein J: The Cost-effectiveness of Teaching Hospitals for the Operative Management of Hip Fractures Orthopedics 34(10): 598-601, October 2011.
46. Bernstein, Joseph: Early Versus Delayed Reconstruction of the Anterior Cruciate Ligament: A Decision Analysis Approach. J Bone Joint Surg Am 93(9): e48- 2011.
47. Bernstein, Joseph, Garcia, Grant, Guevara, Jose, Mitchell, Grant: Progress Report: The Prevalence of Required Medical School Instruction in Musculoskeletal Medicine at Decade's End. Clinical Orthopaedics and Related Research New York, 469(3): 895-897, 2011.
48. Bernstein J.: Decision Analysis. Journal of Bone & Joint Surgery 79A(9): 1404-14, Sep 1997.
49. Freedman KB., Bernstein J.: Sample Size and Statistical Power in Clinical Orthopaedic Research. Journal of Bone & Joint Surgery 81(10): 1454-60, Oct 1999.
50. Bernstein, J.: Evidence Based Medicine. Journal of the American Academy of Orthopaedic Surgeons 12: 80-88, 2004.
51. Tjoumakaris FP, Ganley TJ, Kapur R, Kelly J, Sennett BJ, Bernstein J: Eminence-Based Medicine Versus Evidence-Based Medicine: Level V Evidence in Sports Medicine The Physician and Sportsmedicine accepted for publication, 2011.

52. Beason D, Connizzo BK, Dourte LM, Mauck RI, Soslowky LJ, Steinberg DR, Bernstein J: Fiber-Aligned Polymer Scaffolds for Rotator Cuff Repair in a Rat Model Journal of Shoulder and Elbow Surgery. 2(21): 245-50, March 2012.
53. Bernstein J, Gray, CF: Content Factor: A Measure of a Journal's Contribution to Knowledge. PLoS ONE accepted for publication, June 2012.
54. Bernstein, J: The Variability of Patient Preferences. Clinical Orthopaedics and Related Research Volume 470(Number 7), July 2012.
55. Bernstein J, Long J, Veillette C, Ahn J : Crowd Intelligence for the Classification of Fractures and Beyond. PLoS ONE 6(11): e27620. doi:10.1371/journal.pone.0027620 2012 Notes: PLoS ONE 6(11):

Editorials, Reviews, Chapters

1. Bernstein, J, and Lane, JM: Metabolic Bone Disease of the Spine. The Spine. Rothman, RH and Simeone, FA (eds.). Saunders, Third Edition: 1381-1428, 1992.
2. Bernstein, J: The Wrong Way to Discourage Specialization. Medical Economics 13(4): 39-41, March 1994.
3. Bernstein J.: Fracture Classification Systems: Do They Work and Are They Useful? Journal of Bone & Joint Surgery 76A(5): 792-3, May 1994.
4. Bernstein, J: Meniscal Repair: Indications and Results. Bone and Joint Disease: Index and Review VI(2), 1997.
5. Bernstein, J: A Reply to Joseph Bernstein Journal of Medical Ethics 23: 119, 1997.
6. Bernstein, J: The Diagnosis Of Meniscal Tears In Athletes. A comparison of Clinical and Magnetic Resonance Imaging Investigations. American Journal of Sports Medicine 25(4): 588, 1997.
7. Bernstein J.: Relationship Between the Volume of Total Hip Replacements Performed by Providers and the Rates of Postoperative Complications in the State of Washington. Journal of Bone & Joint Surgery 80A(4): 606-7, Apr 1998.
8. Bernstein J.: Resurfacing of the Patella in Total Knee Arthroplasty. A Prospective, Randomized, Double-blind Study. Journal of Bone & Joint Surgery 80A(6): 925-6, Jun 1998.

9. Bernstein, J: Arthroscopy for Osteoarthritis of the Knee. Journal of Musculoskeletal Medicine 15(5): 43-47, 1998.
10. Bernstein, J: Current Controversies in Orthopedic Surgery. Arthroscopy in Degenerative Joint Disease. A Limited Role. University of Pennsylvania Orthopedic Journal 11: 97-100, 1998.
11. Bernstein, J. and Winiarsky, R: Osteochondral Defects of the Knee. Current Opinion in Orthopedics 9(1): 35-41, 1998.
12. Bernstein J.: Open Acromioplasty Does not Prevent the Progression of an Impingement Syndrome to a Tear. Journal of Bone & Joint Surgery 81B(4): 743, Jul 1999.
13. Bernstein J, McGuire, KJ: Tennis elbow. Hospital Medicine 35(11): 21-25, 1999.
14. Bernstein, J: Patellar Disorders. Journal of Clinical Rheumatology 5(2): 90-96, 1999.
15. Bernstein, J: Arthroscopic Palliation of Articular Defects. Seminars in Arthroplasty 10(1): 2-7, 1999.
16. Bernstein, J: More on Patella and Abrasion Chondroplasty. Journal of Clinical Rheumatology 5(5): 301, 1999.
17. Bernstein, J. Ivins, D: Impingement Syndrome. Hospital Medicine 35(10): 24-29, 1999.
18. Bernstein, J. , Holt, GB: Paying Surgeons Less Can Cost More. The Journal of Medical Practice Management. The Journal of Medical Practice Management 14(6): 282-287, 1999.
19. Lane, J.M and Bernstein, J: Metabolic Bone Disorders of the Spine. The Spine Herkowitz, H.N (eds.). Saunders. Philadelphia Page: 1259-1280, 1999.
20. Bernstein, J: Preventing Knee Arthritis With Arthroscopic Surgery. Seminars in Arthroplasty 11: 201-204, 2000.
21. Bernstein, J. : Diagnosis and Treatment of Meniscal Tears. The Physician and Sports Medicine 28: 83-90, 2000.
22. Bernstein, J., Bartolozzi, AR: Management of Meniscal Tears. Journal of Clinical Outcomes Management 7(2): 30-34 2000.

23. Bernstein, J: Medical Malpractice. City Paper. February 2001.
24. Bernstein, J: Musculoskeletal Medicine and Human Sexuality. Medical Aspects of Human Sexuality 1(5): 8-9, 2001.
25. Bernstein, J, McGuire, KJ: Carpal Tunnel Syndrome. Federal Practitioner 18: 8-31, 2001.
26. Gaijeski, DF and Bernstein, J: Approach to Musculoskeletal Injuries in the clinical Practice of Emergency Medicine. The Clinical Practice of Emergency Medicine. Harwood-Nuss, A (eds.). Lippincott Williams and Wilkens. Philadelphia, Page: 537-548, 2001.
27. Bernstein, J: Physical Examination of Knee Injuries Journal of American Medical Association 287(1): 40, 2002.
28. Bernstein, J, Quach, T: Arthroscopic Knee Surgery for Osteoarthritis: A Perspective on the Moseley Study. Cleveland Clinic Journal of Medicine 70(5): 401, 405-6, 408-10, 2003.
29. Bernstein, J: Therapeutic Effects of Hyaluronic Acid on Osteoarthritis of the Knee Journal of Bone and Joint Surgery 86: 2567, 2004.
30. Bernstein, J: The Orthopaedic Physical Examination Journal of Bone and Joint Surgery 87: 2842-2843, 2005.
31. Medical School Objectives Project Committee on Musculoskeletal Medicine Education (J Bernstein, contributor): Contemporary Issues in Medicine: Musculoskeletal Medicine Education Medical School Objectives Project, Association of American Medical Colleges <http://www.aamc.org/meded/msop/> Association of American Medical Colleges, VII: 1-15, 2005.
32. Bernstein, J: Skeletal ligaments Anatomy for Litigators Hodge, SD (eds.). American Law Institute/American Bar Association, Page: 57-65, 2006.
33. Bernstein, J: Factors to Consider When Considering a Fellowship. Clinical Orthopaedics and Related Research 449: 215-217, 2006.
34. Bernstein, J, Bernstein, A: An Information Prescription for Drug Regulation. Medical Progress Today August 2007.
35. Bernstein, J: Nonoperative Treatment Compared with Plate Fixation of Displaced Midshaft Clavicular Fractures Journal of Bone and Joint Surgery 89A: 1866, 2007.

36. Bernstein, J, King, T, Lawry, GV: Musculoskeletal Medicine Educational Reform in the Bone and Joint Decade. Journal of Bone and Joint Surgery 89: 2308-2311, 2007.
37. Bernstein, J: Clinical Guidelines: Straight Talk or Strait Jacket. Medical Progress Today (<http://www.medicalprogresstoday.com>). Manhattan Institute, February 2008.
38. Thomas, BJ, Brand, RA, Bernstein, J, Veillette, C: The Association of Bone and Joint Surgeons, and You. Clinical Orthopaedics and Related Research 467(4): 1101-1102, April 2009.
39. Bernstein J, MacCourt D. : Best Practices for Health Care (and Tort) Reform. Medical Progress Today (<http://www.medicalprogresstoday.com>) 2009.
40. Bernstein, J: A Tribute to Fred Kaplan. University of Pennsylvania Orthopaedic Journal 19, 2009.
41. Bernstein J, Ahn J: Is After-Hours Orthopaedic Surgery Associated with Adverse Outcomes? [letter] Journal of Bone and Joint Surgery 92: 524, February 2010.
42. Pappas N, Bernstein J.: Radial Head Fractures in Brief. Clinical Orthopaedics and Related Research(468), 914-6, March 2010.
43. Bernstein, J: Meniscal Tears In Brief. Clinical Orthopaedics and Related Research 468(4), April 2010.
44. Ahn J, Bernstein J: Fractures in Brief: Intertrochanteric Hip Fractures. Clinical Orthopaedics and Related Research 468(5): 1450-2, May 2010.
45. Bernstein J, Ahn J.: Femoral Neck Fractures In Brief Clinical Orthopaedics and Related Research 468, June 2010.
46. Bernstein J, Lexa FJ: Just Ask: A Proposal to Hone the Indications for Sophisticated Radiology Examinations The Journal of Medical Practice Management Accepted for publication, June 2010.
47. Bernstein J, Ahn J.: Calcaneal Fractures in Brief Clinical Orthopaedics and Related Research OnLine First, 2010.
48. Bernstein J, Ahn J.: Provider Factors Associated with Intramedullary Nail Use for Intertrochanteric Hip Fractures [letter] Journal of Bone and Joint Surgeons 2010.

49. Scolaro J, Bernstein J, Ahn J.: Patellar Fractures in Brief. Clinical Orthopaedics and Related Research Online First, 2010.
50. Pepe M, Kaplan L, Bernstein J: Shoulder and elbow injuries in the athlete Orthopaedic Knowledge Update 10. Flynn, J (eds.). American Academy of Orthopaedic Surgeons 2011.
51. Torres SJ, Zogonis M, Bernstein J. : Patellar Tendinopathy. Hospital Physician Orthopaedic Surgery Board Review Manual Beredjiklian PK (eds.). Turner-White Communications 11(4), 2011.
52. Ahn, Jaimo, Bernstein, Joseph: In Brief: Fractures in Brief: Intertrochanteric Hip Fractures. Clinical Orthopaedics and Related Research® Springer New York, 468(5): 1450-1452, 2010.
53. Bernstein, J: Sell Those Residency Slots AAOS Now American Academy of Orthopaedic Surgeons, February 2012.
54. Tjoumakaris FP, Bernstein J: Complications. Clinical Orthopaedics and Related Research 470(2), Feb 2012.
55. Tjoumakaris FP, Herz-Brown AL, Bowers AL, Sennett BJ, Bernstein J: Complications In Brief: Anterior Cruciate Ligament Reconstruction. Clinical Orthopaedics and Related Research Volume 470(2), February 2012.
56. Wiegand L, Bernstein J, Ahn J: Fractures in Brief: Olecranon Fractures Clinical Orthopaedics and Related Research *OnLine First*, 2012.

Books

1. Bernstein, J: Musculoskeletal Medicine. American Academy of Orthopedic Surgeons, Rosemont 2003.

Alternative Media

1. Bernstein J, Veillette C [founders]: Orthopaedia: A Collaborative Orthopaedic Knowledgebase www.orthopaedia.com. Association of Bone and Joint Surgeons, 2006.

Patents

Anterior cruciate ligament tether. USA Patent Number 777039, 2010.